

Saturn Synastry Worksheet

Presented by Hiroki Niizato - www.hniizato.com

Take a minute to consider the answer for each section.

SATURN can bring following qualities to relationship:	My Saturn Contacts My Partner's _____	My Partner's Saturn Contacts My _____
<p>Positive Expression: Commitment, Maturity- Wisdom, Stability, Structure, Practicality, Goal Orientation, Long Term Strategy</p>	<p><i>How do I express the positive qualities of Saturn in my relationship with my partner? Where do I have the opportunity to affect him/her most positively (in terms of the planet aspected by Saturn)?</i></p>	<p><i>What kind of positive Saturnian qualities does my partner bring to the relationship? How am I most likely to experience long-term benefit (in terms of the planet aspected by Saturn)?</i></p>
<p>Challenging Expression: Restraint, Suppression, Excessive Seriousness, Sternness, Control, Afraid to Show Emotions</p>	<p><i>How do I express the negative qualities of Saturn in my relationship with my partner? If I'm not watchful, what part of him/her am I most likely to inflict hurt (in terms of the planet aspected by Saturn)?</i></p>	<p><i>What kind of negative Saturnian qualities does my partner bring to the relationship? How am I most likely to feel frustration (in terms of the planet aspected by Saturn)?</i></p>

Additional Thoughts:

- 1) Saturn is the symbol of *time*. As such, Saturn interaspects in synastry tend to mature and grow with time as each partner develops the positive Saturnian qualities.
- 2) Saturn also symbolizes *father complex*. Issues related to authority and self-responsibility can surface whenever a challenging Saturn interaspect is present, especially if you have unresolved anger toward your father.
- 3) Saturn in synastry can suggest partners' tendency to blame each other, but usually this only happens if you are avoiding self-responsibility in some crucial area (blaming others is the alternative to growing yourself).